1) Use a dictionary to find out the meaning of the word ‘refuge’.

Refuge means ........................................................................................................................................................................
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What are walkers or climbers looking for in a mountain refuge? What do they need?

Write your thoughts here: .................................................................................................................................................................
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Followers of Buddha say Buddha is their REFUGE as he shows them the way through life.
At the heart of Buddhism is the ‘Three Jewels’, the ‘Three Treasures’, or the ‘Triple Refuge’. These are the Buddha (the yellow jewel), the Dharma (the blue jewel), and the Sangha (the red jewel). It is by making these the central principles of your life that you become a Buddhist.

**Your Task:**

The yellow jewel represents the Buddha and his wisdom.

1) Research what the Dharma (the blue jewel) and the Sangha (the red jewel) represent for Buddhists. These two websites may help you.

   [http://www.primaryhomeworkhelp.co.uk/religion/buddhism.htm](http://www.primaryhomeworkhelp.co.uk/religion/buddhism.htm)

   [https://kids.kiddle.co/Three_Jewels](https://kids.kiddle.co/Three_Jewels)

2) Draw, paint or collage a picture of the ‘Three Jewels’ and label each of the jewels with what they represent for Buddhists.

**Challenge:**

3) Think back to your previous learning on Buddhism. What do you notice is at the bottom of the jewels? Why do you think this is included?